

CARMEL RECREATION & PARKS



2016 FALL/WINTER BROCHURE

Classes, Activities, Events
& More!



Fall into Winter

Now Accepting Online Registration!

CARMEL RECREATION & PARKS DEPARTMENT AT SYCAMORE PARK

790 Long Pond Road, Mahopac, NY, 10541
 Phone: (845) 628-7888
 Fax: (845) 628-2820
 Email: carmelrecreation@ci.carmel.ny.us
 Web: www.carmelny.org
www.facebook.com/carmelrecreation
www.twitter.com/carmelrec

RECREATION STAFF

James Gilchrist

CPRP, Director of Recreation and Parks

Nina Kallmeyer Senior Recreation Leader
 Susan Schwenk.....Senior Office Asst/Secretary to Director
 Carmela Spano.....Office Asst/Sr Citizen Coordinator
 Fran Giovinnazzi..... Part-Time Receptionist
 Kim Tyndall Part-Time Receptionist
 Frank Favia..... Maintenance Staff
 Brendan Griffin Maintenance Staff
 Giorgio D’Agostino Part-Time Maintenance Staff

RECREATION & PARKS COMMITTEE

Robert Buckley
 Chairman

Dave Furfaro
 Vice-Chairman

Ken Foran • Joyce Picone
 Buddy Decker • Mike Berg • Neal Sullivan

The Recreation & Park Advisory Committee meets on the first Thursday of every month, 7:30 pm at Sycamore Park. There will be an “Open Meeting” October 6th at 7:30 pm at Sycamore Park. All residents and representatives of interested organizations are invited to attend. The purpose is to obtain views from the community on ways to improve and strengthen Recreation Department programs. The meeting will not be limited to a formal agenda as the Advisory Committee would like to hear from the community on matters affecting recreation.



TOWN BOARD

Kenneth Schmitt..... Town Supervisor
 Frank D. Lombardi..... Deputy Supervisor
 Suzanne McDonough..... Councilwoman
 John D. Lupinacci..... Councilman
 Jonathan Schneider Councilman

Town board meeting every Wednesday at 7:00 pm at the Carmel Town Hall.

OFFICE FOR PEOPLE WITH DISABILITIES

For more information on recreation programs for children and adults with disabilities, please contact:

Putnam County Office for People with Disabilities
 110 Old Rt. 6, Building 3 | Carmel, NY | (845) 808-1641

PROGRAM SUGGESTIONS

The Recreation Department is always looking for new and innovative programs for the community. If there is any class you would like to instruct, please download an employment application from our website or come into our office to pick one up, and send to the Recreation Department with a brief outline of your proposed class. Applications accepted year round.

PARTY & EVENT LOCATION RENTALS

Looking for a place to hold your event? The main building at **Sycamore Park, pavilion, barbecue area, ballfields and courts** are available. A Certificate of Insurance, Resident ID Card, security deposit and rental fee must be included with the use form which is available at the recreation office or on our website using the Forms link. Call the Recreation Office for available dates.



	Baseball Field - 90'	Baseball Field - 60'	Soccer Field	Football Field	Inline Hockey	Skate Park	Tennis Courts	Basketball Courts	Handball Courts	Volleyball Court	Walking/Jogging Trail	Swimming	Small Boating	Benches/Sitting Area	Playground	Open Meadow	Picnic Shelter	Parking Area	Gazebo	Recreation Building	Restroom	Concession Stand	Dog Park	BBQ Area
Sycamore Park	1	1	1			4	2	1	1		1	1	1	2		1	1		1	1	1	1	1	1
Jimmy McDonough Park	1	1	3		1												1			1				
Mahopac Chamber Park													1	1			1	1						
Red Mills Park													1		1		1	1						
Michael Geary Rink					1								1				1				1	1		
Camarda Park	1	1	1				2			1			1	2	1	1	1				1	1		
Airport Property			3							1					1		1				1			
Baldwin Meadows			1				2			1			1	1			1				1	1		
Volz Park										1							1							

RESIDENT

A Resident is defined as one who resides within the town limits and pays their land taxes to the Town of Carmel (Carmel, Mahopac, and Mahopac Falls).

NON-RESIDENT

Non-residents are allowed to register by paying the non-resident fee.

REGISTRATION FOR FALL CLASSES

Fall Class Registration will begin on Monday August 15th, 2016 at 9 am. All classes are held at Sycamore Park in the Richard F. Gennaro Recreation building, unless otherwise noted in class description. Residents are required to purchase a 2016 Resident ID Card in order to register for all Fall classes. ID Cards are \$6 per person.

ONLINE REGISTRATION

The recreation department is pleased to announce our launching of a new registration process for all recreation programs. Capturepoint's "Community Pass" program is designed to expedite and streamline the registration for our users.

Please proceed to page #7 for brief instructions on how to access the online system!

MAIL-IN REGISTRATION

If mail in registration is desired, please call the main office for instructions at (845) 628-7888.

CANCELLATIONS & CLOSINGS

You can find information about class cancellations or of office closings by listening to WHUD 100.7FM, by logging onto our website at <http://www.carmelny.org>, via posts on our Facebook/ Twitter pages and on our Community Pass website <https://register.capturepoint.com/CarmelTownof>. Generally, programs are not held when school is not in session. You may also call the Recreation Department at (845) 628-7888.



PROGRAM AGE REQUIREMENT

It is required that your child must be the appropriate age by the start of the program.

PLEASE NOTE

The Recreation Department does not confirm program registration by mail, nor can we be responsible for lost or misdirected mail. Incomplete registrations will be returned to sender. We cannot accept registration by phone or fax.

EWASTE

Bring all your electronic waste for proper recycling and/ or disposal.

ACCEPTABLE ELECTRONIC EQUIPMENT

Computers, Laptops, CRT Monitors, LCD Monitors, TVs, Keyboards & Mice, Fax Machines, Scanners, Small Copiers, and Printers, VCRs, portable Music Players, Digital Converter Boxes, Cable or Satellite Receivers, Cell Phones and Electronic Game Consoles.

NOT ACCEPTED:

Batteries, Florescent Lamp Material, Air Conditioners, Typewriters, Tape Media, devices containing Mercury, Oversized Items (over 100lbs.)

FOR: Residents Only

PLACE: 48 McAlpin Ave, Mahopac

DATES: Saturdays ONLY 10:00 am - 2:00 pm

FORMS OF PAYMENT

The Town of Carmel Recreation & Parks Department accepts Credit Cards Online, Visa, MasterCard, American Express or Discover at <https://register.capturepoint.com/CarmelTownof> or cash and checks as forms of payment in the Recreation Office. Please do not send cash through the mail. Checks should be made payable to: CARMEL RECREATION.

REFUND POLICY

A full refund will be given if the program is cancelled by the Recreation Department. Should a participant become ill or injured, a prorated refund will be made based on the number of sessions the participant attended. A doctor's note must accompany request. Refunds WILL NOT be given after a program begins.

INSURANCE

The Town of Carmel carries a Standard Liability Insurance Policy, which does not cover medical costs for anyone injured during normal course of participation in any Recreation Department program or facility. All persons participate at their own risk.

RETURNED CHECKS

If a check is returned to the Recreation & Parks department for any reason, a money order or cash payment of original fee plus \$20 will be required for enrollment.



CLASSES FOR YOUNG CHILDREN

Infant-6



MOMS & TOTS I OR MOMS & TOTS II

This class allows young children to socialize in a fun and safe environment. The class is mostly free play with soft balls and play equipment with a parachute and song time at the end of each class.

FOR: **Group I:** 1-2 Years or **Group II:** Children 2-3 Years

PLACE: Sycamore Park – Main Building

FEE: Free to Residents, \$35/Non-Residents

**DATES: Mondays: Moms & Tots I 2:00 pm-2:45 pm or
Moms & Tots II 9:30 am-10:15 am**
10/3, ~~10/10~~, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28
Tuesdays: Moms & Tots I 10:30 am -11:15 am
~~10/4~~, 10/11, 10/18, 10/25, 11/1, ~~11/8~~, 11/15, 11/22, 11/29, 12/6
Fridays: Moms & Tots II 10:30 am -11:15 am
10/7, 10/14, 10/21, 10/28, 11/4, ~~11/11~~, 11/18, ~~11/25~~, 12/2, 12/9

EDIBLE CREATIONS

Edible Creations is a fun class that will help your little ones with coordination while allowing their creativity to flow. Our creations will include a variety of edible treats! We will discuss numbers, shapes, and colors as they “play” with their food. There will be some free play in each class after our creations are made.

FOR: Ages 2-4 Years

PLACE: Sycamore Park – Main Building

FEE: \$60/Residents, \$95/Non-Residents

DATES: Fridays: 2:00 pm - 2:45 pm
10/7, 10/14, 10/21, 10/28, 11/4, ~~11/11~~, 11/18, ~~11/25~~, 12/2, 12/9

PRESCHOOL TUMBLING

This class helps children learn to take instruction while socializing, staying active and learning balance and coordination in a fun, safe environment. The class is mostly instructional with occasional free time.

FOR: Children 4-5 Years

PLACE: Sycamore Park – Main Building

FEE: Free to Residents, \$35/Non-Residents

DATES: Mondays: 10:30 am - 11:15 am
10/3, ~~10/10~~, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28

CUPCAKE DECORATING CLASS

At this fun class children will learn how to ice and decorate cupcakes following a demo from a Certified Wilton Method Instructor! Your instructor will help you learn how easy it can be to Fill and use a decorating bag, tint icing and decorate cupcakes, and make 4 different unique designs. (includes Wilton Decorating tools and icing for children to keep.)

FOR: Ages 7 and Older

PLACE: Sycamore Park – Main Building

FEE: \$25/Residents, \$60/Non-Residents

DATES: Friday October 28th from 4:00 pm – 6:00 pm

Items needed from home: 6 cupcakes to decorate & apron

MUSIC TOGETHER

Music Together is an early childhood music and movement program where we sing songs, dance, and play instruments such as egg shakers, jingle bells, drums, maracas and also use balls, scarves and hula-hoops. Please join us for the fun with the most wonderful people in the world – your children. Class includes 2 CD’s of the Flute Song Collection, an illustrated songbook with all music, lyrics, activity suggestion and fascinating illustrations and an early childhood music development guide.

FOR: Birth through 5 Years

PLACE: Sycamore Park – Main Building

FEE: \$175/Residents, \$210/Non-Residents

Fee is Per Family

DATES: Tuesdays: 12:00 pm - 12:45 pm
~~10/4~~, 10/11, 10/18, 10/25, 11/1, ~~11/8~~, 11/15, 11/22, 11/29, 12/6

PEEWEE PICASSO

To imagine is everything! Come out to meet new friends and playmates. The children will enjoy a variety of activities including arts & crafts, stories and free play.

FOR: Ages 18 months – 4 Years

PLACE: Sycamore Park – Main Building

FEE: \$60/Residents, \$95/Non-Residents

DATES: Mondays: 1:00 pm - 1:45 pm
10/3, ~~10/10~~, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28
Fridays: 9:30 am - 10:15 am
10/7, 10/14, 10/21, 10/28, 11/4, ~~11/11~~, 11/18, ~~11/25~~, 12/2, 12/9



MINI TUMBLING

This class allows young children to socialize and teaches them basic tumbling techniques in a fun, safe environment, combining instructional time with free-play and ending with parachute and song time!

FOR: Children 3-4 Years

PLACE: Sycamore Park – Main Building

FEE: Free to Residents, \$35/Non-Residents

DATES: Mondays: 11:30 am - 12:15 pm
10/3, ~~10/10~~, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28
Tuesdays: 9:30 am - 10:15 am
~~10/4~~, 10/11, 10/18, 10/25, 11/1, ~~11/8~~, 11/15, 11/22, 11/29, 12/6



CLASSES FOR YOUNG CHILDREN

Infant-6



LITTLE CHEFS

Little Chefs is a class designed to introduce your child to the world of cooking. We will prepare age appropriate recipes including some healthy options. They will learn some nutrition basics as well as how and where foods are grown. Kids will measure mix, whisk, grate and more! There will also be some free time for the children to play while their creations cook.

FOR: Ages 3-5 Years
PLACE: Sycamore Park – Main Building
FEE: \$60/Residents, \$95/Non-Residents
DATES: Fridays: 1:00 pm-1:45 pm
 10/7, 10/14, 10/21, 10/28, 11/4, 11/11, 11/18, 11/25, 12/2, 12/9

TINY DANCERS

Learn and experience the foundation of dance. This class is perfect for boys and girls who like music and movement. All genres are learned; ballet, jazz, modern, country, hiphop, and more. Classes are taught by Christine Hamilton.

FOR: 3-6 Years Old
PLACE: Sycamore Park – Main Building
FEE: \$80/Residents, \$115/Non-Residents
DATES: Thursdays: 10:00 am-10:45 am
 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, 12/1

KOFFEE & KIDS

Come play in a fun & safe environment. Parents chat over complimentary coffee while children play in the indoor play gym, create arts & crafts or bring in their own toys to play with and share!

FOR: All ages with parent/guardian
PLACE: Sycamore Park – Main Building
FEE: \$30/Residents, \$65/Non-Residents
DATES: Thursdays: 11:00 am-1:00 pm
 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, 12/1



MINI TAE KWON DO

This program will introduce your child to martial arts. Children learn the fundamentals of Tae Kwon Do by the use of martial arts drills and participating in activities that improve their hand-eye coordination, reaction time, and the ability to focus and follow directions.

FOR: 3-6 Years Old
PLACE: Sycamore Park – Main Building
FEE: \$100/Residents, \$135/Non-Residents
DATE: Wednesdays: 11:45 am-12:15 pm
 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/23

BABY TIME

This class will consist of “free play” as a way for babies to learn how to use their growing and developing bodies. Activities from Tummy Time, adult/baby stretches, and moving to music. A great way for adults and babies to socialize in a fun and safe environment.

FOR: 6-18 Months
PLACE: Sycamore Park – Main Building
FEE: Free to Residents, \$35/Non-Residents
DATES: Mondays: 3:00 pm-3:45 pm
 10/3, 10/10, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28
Fridays: 11:30 am -12:15 pm
 10/7, 10/14, 10/21, 10/28, 11/4, 11/11, 11/18, 11/25, 12/2, 12/9

ATOMS CLINIC ROLLER HOCKEY

It's never too early to get your kids on skates to learn how to play hockey! Great for beginners. Children will learn skating and hockey fundamentals. And who knows? They just “mite” like it! For more information visit <http://www.mahopacrollerhockey.com>

FOR: Children 3-6
PLACE: Michael Geary Memorial Hockey Rink
FEE: \$55/Residents, \$75/Non-Residents
DATES: Season begins Saturday, September 17th
NOTE: Registration starts August 8th

PARENT & ME SOCCER



An excellent opportunity to spend quality time together in this fun and positive introduction to soccer! With a parent participating by their side, kids will have fun learning the fundamental skills of soccer through a program of structured activities, fun-based games, and scrimmages. Sessions focus on maximizing participation and learning through a variety of fun games designed to stimulate a child's imagination and develop motor skills.

FOR: Children 2-3 Years
PLACE: Sycamore Park - Ballfield
FEE: \$125/Residents, \$160/Non-Residents
DATES: Saturdays: 12:00 pm-12:45 pm
 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29



CLASSES FOR YOUNG CHILDREN

Infant-6



Soccer Squirts



Soccer Squirts introduces the game in a safe, fun-filled environment. Your child will learn the fundamentals of soccer and develop motor skills, balance, and coordination through a program of structured activities and fun, imaginative games and scrimmages.

FOR: Ages 3-5 Years
PLACE: Sycamore Park - Ballfield
FEE: \$125/Residents, \$160/Non-Residents
DATES: Saturdays: 10:45 am-11:45 am or 12:00 pm-1:00 pm
9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29

Lacrosse Squirts



Players will learn how to cradle, shoot, catch, and scoop. Throughout the program participants will have fun developing their knowledge and understanding of scrimmaging in Lacrosse.

FOR: Ages 3-5 Years
PLACE: Sycamore Park - Ballfield
FEE: \$125/Residents, \$160/Non-Residents
DATES: Sundays: 11:30 am - 12:30 pm
9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30

T-Ball Squirts



T-Ball Squirts in a great way to introduce your child to the exciting game of baseball! The focus is on developing fundamental skills of the game including hitting, throwing, catching, and running bases. The T-Ball curriculum enables each child to develop their skills and understanding of the game. Using safe and developmentally appropriate equipment, core components are learned through a series of fun games and activities designed to reinforce skills while incorporating realistic game situations.

FOR: Ages 3-5 Years
PLACE: Sycamore Park - Ballfield
FEE: \$125/Residents, \$160/Non-Residents
DATES: Sundays: 10:15 am-11:15 am
9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30



TOTAL SPORTS SQUIRTS



Total Sports Squirts introduces your child to a variety of sports such as Lacrosse, Soccer, Basketball, T-Ball and Hockey. Classes take place in a safe and structured environment to encourage learning and skill development. Games and drills are used and are designed to capture each child's imagination. All activities promote hand-eye coordination, movement, balance, and most importantly FUN!!

FOR: Ages 3-5 Years
PLACE: Sycamore Park - Ballfield
FEE: \$125/Residents, \$160/Non-Residents
DATES: Saturdays: 9:30 am-10:30 am
9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29

PARENT & ME T-BALL SQUIRTS



T-Ball - Parent & Me Squirts classes are a fun and positive introduction to t-ball for children aged 2-3 and their parents! With a parent participating by their side, kids will have fun learning the fundamental skills of t-ball through a program of structured activities, fun based games, and scrimmages. Each T-Ball - Parent & Me Squirts session focuses on maximizing participation and learning through a variety of fun games designed to stimulate a child's imagination and develop motor skills.

FOR: Children 2-3 Years Old
PLACE: Sycamore Park - Ballfield
FEE: \$125/Residents, \$160/Non-Residents
DATES: Sundays 9:15 am - 10:00 am
9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30





Online Registration For All Fall Classes and Programs!

ONLINE REGISTRATION

Registration for programs offered by the Town of Carmel Recreation and Parks Department can now be done online via the CommunityPass online registration system!

Registration for In Line Roller Hockey will begin on August 8th 2016 at 9:00 a.m.!

Registration for all fall classes will begin on August 15th 2016 at 9:00 a.m.!

To login, register and pay online, follow the instructions found in this letter or on the CommunityPass site.

STEP 1

Go to <https://register.communitypass.net/CarmelTownof> to begin.

If you already have a Community-Pass account from another organization or community, please use your existing username and password to log in and register for programs offered through this organization. You do not need to create a new account.

STEP 2

From the Town of Carmel CommunityPass login homepage click on the "Create an Account" tab. On the next page complete the "Account Creation" fields and click on Create at the bottom of the page. The next page will display a Privacy Policy, which you will need to Accept and then click on Finish.

STEP 3

On the Town of Carmel Community Pass Homepage click on the "Register" tab to begin selecting programs.

STEP 4

Select those family members that you are registering and click "Continue." If the family member that you want to register is not on the list click the "Add New Child" or "Add New Adult" button to add additional family members. Repeat as necessary, until all family members that are registering are displayed on the list. Continue as directed on the screen.

STEP 5

On the "Profile Verification" page, enter the requested information for each individual you are registering. When finished, click on the "Continue" button.

STEP 6

On the next page, select the appropriate program(s) for each family member. When finished, click "Continue." You will see the Atoms Clinic, Youth Roller Hockey and Adult Roller Hockey on this page.

STEP 7

Please follow the remaining steps to complete and pay for your registration. CommunityPass will calculate your final cost on the Confirmation Page. Payment can be made with one of the following credit cards: Visa, MasterCard, American Express or Discover.

If you wish to pay by cash or check in the office you will still have to complete the profile online first (which can be done in the Sycamore Park main building at our public access computer station) before you can pay for the class.

If you pay your land taxes to the Town of Carmel you are considered a resident and will get the resident rate. If you create your account and it says you are out of town but you DO pay your land taxes to the Town of Carmel please call the Main office at (845) 628-7888 so we can fix this problem.

All of this information can be found on our website at www.carmelny.org/recreation. If you have any problems with our online registration website please call the office at (845) 628-7888 so we can help you fix your problem or walk you through the steps to solve the issue.





CLASSES FOR YOUTH, TEENS, & ADULTS



SKI & SNOWBOARD CLUB

Let it snow, Let it snow, Let it snow! Enjoy this weather on the slopes! Discounted lift tickets, group lessons, for all levels and equipment rentals are available for a 6 week program. NEW THIS YEAR Freestyle Snowboarding: Freestyle program for upper level snowboarders 3rd grade and up!

FOR: First Grade and Up

PLACE: Thunder Ridge Ski Area, Patterson, NY

FEE: Lessons Only \$132 per person; Lift & Lesson: \$226 per person; Lift, Lesson & Rentals \$378 per person

DATES: **Mon, Tues, Wed, Thurs: 5:30 pm;**

Fridays: 5:00 pm or 6:30 pm;

Saturdays 3:30 pm or 5:30 pm; Sundays 3:30 pm

Classes starting 1/4/2017- 1/10/2017

ICE SKATING LESSONS

Instructed by the professional staff at Brewster Ice Arena, this seven-week program is for beginners to advanced beginners. Skaters should be able to comfortably walk on skates and helmets are recommended. Free public skate is available from 3 pm until the start of the lesson. It is encouraged that those enrolled have their own skates, but rentals are available for \$3/ session if needed. A waiver must be signed at the rink on the first day of class. The rink is cold so please dress appropriately and in layers.

FOR: Ages 4 Years - Adult

FEES: \$170/Residents, \$205/Non-Residents

PLACE: Brewster Ice Arena, 63 Fields Lane Brewster, NY

DATES: **Fridays 5:30 pm - 6:00 pm**

Session 1: Sept. 9, 16, 23, 30 Oct.7,14,21

Session 2: Oct.28 Nov. 4, 11, 18 Dec.2, 9, 16

Session 3: Jan. 6, 13, 20, 27 Feb. 3, 10, 17

Session 4: Mar. 3, 10, 17, 24, 31 Apr. 7, 14

THE GODDESS WORKOUT CARDIO BELLYDANCING

Cardio Bellydance is an exhilarating workout that sculpts, defines and strengthens your core. Experience the freedom and joy of bellydance while raising your heart rate and getting a full-body workout!

FOR: Ages 12 and Older

FEES: \$80/Residents, \$115/Non-Residents

PLACE: Sycamore Park - Main Building

DATES: **Tuesdays from 6:00 pm-7:00 pm**

10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22

MAD SCIENCE ADVENTURES IN SCIENCE

This Science System combines a variety of topics where students will create bug models and experiment with fingerprinting. Next, they will take a voyage to the center of the Earth while exploring rocks, minerals and gems. Participants will also investigate movie special effects while making animated drawings and use 3Dglasses. In addition, all will discover the science of toys and create your own Mad Science machines.

FOR: Grades 1st - 5th

PLACE: Sycamore Park - Main Building

FEE: \$130/Residents, \$165/Non-Residents

DATES: **Tuesdays 4:30 pm-5:30 pm**

10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22, 11/29

YOGALATES

Yummy as it sounds... a blend of Pilates and Yoga. Enjoy a gentle exercise class for total body muscle tone, strength and flexibility. Create balance and find inner peace. Classes taught by Christine Hamilton.

FOR: Ages 12 Years and Older

PLACE: Sycamore Park – Main Building

FEE: \$80/Residents, \$115/Non-Residents

DATE: **Mondays 7:30 pm-8:30 pm**

10/3, 10/10, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28, 12/5

YOGALATES AL FRESCO

Outdoor Yogalates- Start your mornings right, stretching your body overlooking nature so you can be your best for your day! Lengthening your muscles and working them in a productive way is what this class can give you. Gentle Pilates and Yoga creates strength and flexibility. Feeling rejuvenated and calm from the body, mind and universe. Weather permitting class will be under a pavilion. Bring a yoga mat.

PLACE: Sycamore Park - Pavilion

FEE: \$60/Residents, \$95/Non-Residents

DATES: **Tuesdays 6:30 am-7:15 am**

9/13, 9/20, 9/27, 10/4, 10/11, 10/18

HOBBY QUEST AVIATION

Hobby Quest Flight Captain will teach you everything you need to know about building and flying amazing machines! In this high-flying adventure we'll build helicopters, gliders and even motorized planes! As if building incredible planes wasn't enough, we'll even take them outside to see them fly! At the end of the semester each aviator will receive a special certificate showing they are on their way to becoming a Flight Captain – how high will your rank go?

FOR: Ages 5-14 Years

PLACE: Sycamore Park - Main Building

FEE: \$145/Residents, \$180/Non-Residents

DATES: **Mondays from 4:00 pm - 5:00 pm**

10/3, 10/10, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28

HOBBY QUEST MYSTERY MAKERS

Join us on this fun-filled quest to discover the magician in you! We'll teach you everything you need to know to be a REAL magician! Discover how you can amaze your friends and family by picking things right out of their mind—from what color they choose to how old they are! Astound your audiences by making a coin disappear under a glass or magically changing the color of a scarf right before their very eyes! On this quest you will learn all of these secrets tightly guarded by magicians for centuries, so you too can be a true illusionist! You'll even get to show off your new magic skills to your friends and family at the end of the session in a special magic show! Don't wait, sign up and become a magician today!

FOR: Ages 5-10 Years

PLACE: Sycamore Park - Main Building

FEE: \$145/Residents, \$180/Non-Residents

DATES: **Thursdays from 4:00 pm - 5:00 pm**

10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, 12/1



CLASSES FOR YOUTH, TEENS, & ADULTS



INTRO TO CAKE DECORATING: BUILDING BUTTERCREAM SKILLS

Learn how to decorate cakes and sweet treats with basic buttercream techniques and six simple steps to pipe flowers that transform ordinary cakes into extraordinary results. A Certified Wilton Method Instructor will help you pipe classic buttercream decorating techniques to create modern and traditional cake designs. (Includes Wilton starter kit and 5lb of buttercream icing)

FOR: Teens to Adults

PLACE: Sycamore Park - Main Building

FEE: \$100/Residents, \$135 /Non-Residents

DATES: Saturdays 9:00 am – 11:00 am
10/1, 10/8, 10/15, ~~10/22~~, 10/29

Required baked goods: Week 1: (6) Cupcakes, Week 2: Cake, Week 3: Square Treats, Week 4: Cake

DOG OBEDIENCE

The objective is to give your dog the socialization necessary to make him/her a pet you can live with, while teaching you how to train your dog using the basic commands: come, sit, down, stay and stand. Controlled walking on a leash is a bonus skill you will also learn. Dog's immunization records are required at registration. Dog handler must be an adult. Children may attend. First class is orientation-No dogs attend. Must wear sneakers to class.

FOR: Dogs 3 months through adult

PLACE: Sycamore Park - Main Building

FEE: \$65 /Resident, \$100 /Non-Resident

DATES: Wednesdays 7:00 pm-8:00 pm
10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16

IN-LINE ROLLER HOCKEY - YOUTH AND ADULT LEAGUES

Michael Geary In-Line Roller Hockey League! Grab your skates and head to the rink for exciting roller hockey action whether you're a beginner or a seasoned player! For more information, visit www.mahopacrollerhockey.com

FOR: Ages 6-17 Years OR Adult: Ages 18 +

PLACE: Michael Geary Memorial Hockey Rink

FEE: \$75/Residents, \$95/Non-Residents

DATE: Youth & Adult: Season begins Friday Sept 16th
Registration starts August 8th

INTRODUCTION TO KNITTING

KNIT - make items for yourself and your family and/or friends - even gifts. Pick up a skein of yarn (worsted weight #4) in the color of your choice. Patterns are waiting for you. Looking forward to rediscovering creativity with you!

FOR: Tuesday: 18 and Older, Wednesday: 12 and Older

PLACE: Sycamore Park- Main Building

FEE: \$140/Residents, \$175/Non-Residents

DATES: Tues: Tuesdays 1:00 pm – 2:00 pm
~~10/4~~, 10/11, 10/18, 10/25, 11/1, ~~11/8~~, 11/15, 11/22
Wed: 5:00 pm - 6:00 pm
10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16

TENNIS LESSONS

Whether you are just learning the game or want to enhance your skills, these lessons will afford you the opportunity to have fun while learning and competing with your peers. Classes missed due to inclement weather may be made up on selected Sundays.

FOR: Group 1: 6-9 Years, Group 2: 10-14 Years,
Group 3: 15-Adult

PLACE: Sycamore Park – Tennis Courts

FEE: \$90/Residents, \$125/Non-Residents

DATES: Sat: Group 1: 9:00 am-10:00 am

Group 2: 10:00 am-11:00 am

Group 3: 11:00 am-12:00 pm

9/10, 9/17, 9/24, 10/1, 10/8, 10/15

DANCE4FIT IN THE OPEN AIR

Get it all in this class!! Incorporating simple dance moves with sculpting, cardio and stretches with a variety of music. This class is easy on your knees. You are guaranteed to GROOVE, MOVE and SOOTHE your body and have a good time. With easy moves you can enjoy the movement in the open air under the pavilion! Christine Hamilton instructor.

FOR: Adults - Seniors

PLACE: Sycamore Park - Pavilion

FEE: \$60/Residents, \$95/Non-Residents

DATES: Tuesdays 7:30 am-8:30 am
9/13, 9/20, 9/27, 10/4, 10/11, 10/18

HORSEBACK RIDING

Horseback riding lessons are given in a fun and safe indoor environment. Classes are comprised of a forty-minute riding lesson and twenty-minute discussion/demonstration. Classes are taught at Beginner and Intermediate Levels and have a maximum of five students per class.

FOR: Ages 7 to Adult

PLACE: Zeyphr Farm, 219 Watermelon Hill Road, Mahopac

FEE: \$320/Residents, \$355/Non-Residents

DATES: Mondays: Beginner 4:30 pm-5:30 pm

OR Intermediate 5:30 pm-6:30 pm

10/3, ~~10/10~~, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28

STRETCH IT OUT

Give your body the time it needs to lengthen, expand and restore. This program helps you become more limber and relaxed through stretching and breathing techniques. You will be using props to stretch and massage your muscles, feet and hands and walk out of class feeling light and relaxed. Please wear comfortable clothing & bring your own mat/towel.

FOR: Ages 12 Years and Older

PLACE: Sycamore Park – Main Building

FEE: \$80/Residents, \$115/Non-Residents

DATES: Mondays 6:30 pm-7:30 pm

10/3, ~~10/10~~, 10/17, 10/24, ~~10/31~~, 11/7, 11/14, 11/21, 11/28, 12/5



SENIOR CITIZEN ADULT ACTIVITIES



SENIOR CITIZEN DROP-IN MEETINGS

Meetings are held every Wednesday from 10am-2pm at the Mahopac Fire House on Route 6 in Mahopac from September through June. The Drop-In is open to all senior citizens (60 years or older) in the Town of Carmel (Carmel, Mahopac, Mahopac Falls). The meetings consist of bingo, general socializing, and occasional guest speakers. The group also has picnics, outings, trips and programs throughout the year. For more information, contact Fran Giovinazzi, Senior Citizen Director, at (845) 628-7888.

2016 DAY TRIPS REGISTRATION REQUIRED

The Town of Carmel Drop-In Day trips are fun and relaxing. Travel by Coach to many different venues in the area, such as casinos, restaurants, and theaters. Everything is included for worry free travel with friends and peers (and maybe make some new friends along the way). Prices vary by trip/event. The trips scheduled for Fall 2016 are:

- **September 28, 2016** Goodspeed Opera House “Chasing Rainbows” - East Haddam, CT
- **November 17, 2016** Split Rock resort The Joey Vincent Show “Salute to the Veterans - Lake Harmony, PA

TRIP REGISTRATION PROCEDURE

All registrations are held during weekly meetings at the Mahopac Volunteer Fire Department on Rt. 6 in Mahopac. On a first come, first served basis, numbers are handed out. With that number, a maximum of 2 people can register for a trip. A schedule is given to Senior Citizen Drop-In Members/residents who attend meetings. This schedule contains important information about weekly meeting dates and future registration dates for upcoming trips. Non-Residents can register for trips with an additional \$10 per person fee if space available. Questions regarding day trips, please contact Carmela Spano Senior Citizen Coordinator at Carmel Recreation (845) 628-7888.

PUTNAM COUNTY OFFICE FOR SENIOR RESOURCES

The Putnam County Office for Senior Resources is the major planner, coordinator and direct service provider for residents over 60 years of age. There are two Friendship Centers in the Town of Carmel which offer numerous activities and a delicious hot meal every day.

The Carmel Friendship Center – 110 Old Route 6, Building 1, Carmel (845) 808-1700

The William Koehler Friendship Center – 80 Route 6, Mahopac (845) 808-1700 (845) 808-1734 (volunteer line).

For more information on services available, contact the Putnam county Office for Senior Resources at (845) 808-1700 or visit www.putnamcountyny.gov/osr



COMMUNITY CLASSES & GROUPS

LAKE MAHOPAC GARDEN CLUB

The Lake Mahopac Garden Club provides decorative public plantings, education on conservation and horticulture and sponsors an annual Flower Show. We sponsor workshops throughout the year at the Mahopac Public Library. Meetings are generally held on the 1st Tuesday of each month at Sycamore Park-Main Building during the school year. To view events, programs and membership opportunities go to our website: lakemahopacgc.com

PUTNAM ARTS COUNCIL AT THE BELLE LEVINE ART CENTER



Fall into the ARTS in your own backyard! Visit PAC online to see our arts offerings and cultural happenings for all ages, including exhibits (with free admission) art classes, pottery, yoga, concerts and more presented by PAC@ BLAC and across the County through our cultural partners including singers, actors, artists & Native Americans! PAC helps build the arts and make it happen with public support & hard work!
INFO: (845) 803-8622 **PLACE:** 521 Kennicut Hill Rd
www.putnamartscouncil.com Mahopac, NY

COMMUNITY CLASSES & GROUPS

MAHOPAC SPORTS ASSOCIATION

The Mahopac Sports Association, a not-for-profit association, offers all-year-round leagues, camps and clinics for 10 different sports.

Spring:

- Softball
1st-12th Grade
- Baseball
PreK-12th Grade
- Soccer
PreK-12th Grade
- Boys Lacrosse
K-8th Grade
- Girls lacrosse
K-6th Grade

Fall:

- Flag Football
K-2nd Grade
- Tackle Football
3rd-8th Grade
- Cheerleading
K-8th Grade
- Soccer
K-12th Grade
- Wood Bat Baseball
3rd-12th Grade

Winter:

- Wrestling
2nd-8th Grade
- Volleyball
7th-10th Grade
- Basketball
K-12th Grade

Summer: Basketball, Soccer, Baseball, Boys & Girls Lacrosse Clinics and Camps

INFO: www.msasports.org

CARMEL SPORTS ASSOCIATION

The Carmel Sports Association, a not-for-profit association offers a variety of programs throughout the year:

Spring:

- Softball
Ages 4-16
- Baseball
Ages 4-16

Fall:

- Flag Football:
Boys & Girls
Ages 6-12
- Basketball:
Boys & Girls
Ages 5-15

Winter:

- Basketball:
Boys and Girls
Ages 5-15

Summer: Baseball and Softball Travel Teams

INFO: www.csany.org or carmelsportsasn@gmail.com

ADULT SOFTBALL

Men's & Women's Adult Softball

Men's Contact: Ray Finney (914) 557-2295

Women's Contact: Louise Decker (914) 494-2272

PARK LOCATIONS

SYCAMORE BARK PARK

The Bark Park located within Sycamore Park is a place where your dogs can roam free and have fun playing with other dogs. Must purchase or possess a current Resident ID card, fill out Membership form on Community Pass, and must bring in COPY of Current Town of Carmel Dog License to the Main Office to receive membership.

FOR: Residents only

PLACE: Sycamore Park – Bark Park

FEE: \$25/Calendar Year

DATES: Daily 8:00 am-Sunset



McDonough Park



Chamber Park



Airport Park



Chamber Park



Sycamore Park

TOWN OF CARMEL PARK LOCATIONS

All the Parks are open from Sunrise to Sunset except for the Bark Park at Sycamore Park, which is open from 8:30 am to Sunset.

SYCAMORE PARK: 790 Long Pond Road, Mahopac

JIMMY McDONOUGH MEMORIAL PARK (aka CRANE ROAD FIELD): 20 Dixon Road, Carmel

MAHOPAC CHAMBER PARK: Routes 6 & 6N, Mahopac

RED MILLS PARK: 6 Hill Street, Mahopac

MICHAEL GEARY MEMORIAL HOCKEY RINK: 740 Route 6, Mahopac

PAUL A. CAMARDA PARK: 226 Seminary Hill Rd., Carmel

AIRPORT PARK: 161-165 Hill Street, Mahopac

BALDWIN MEADOWS PARK: 24 Grand Meadow Dr., Mahopac

VOLZ PARK: 81 Crest Drive, Mahopac

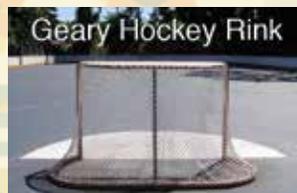
Visit our website for more information and photos



Camarda Park



Baldwin Meadows



Geary Hockey Rink



Red Mills Park

Postal Customer

COMMUNITY EVENTS

EVENING IN THE PIAZZA

"Bringing a taste of Italy and Italian Tradition to Mahopac"

Music & refreshments including gelato, zeppole, espresso & other coffees. Sponsored by the Italian American Club of Mahopac.

FOR: Everyone is welcome!

PLACE: Mahopac Chamber Park

FEE: Free Admission

DATE: Friday, September 30th from 3:00 pm - 9:00 pm

14TH ANNUAL STREET FAIR

14th annual Mahopac-Carmel Chamber Street Festival and Italian American Club of Mahopac Columbus Day Parade.

Everyone is welcome to come and enjoy a day at the park where there will be vendors, childrens rides, music and food. At 10:30 am you can also enjoy the Columbus Day Parade. What a great family day!

Those interested in Vendor tables, volunteering or sponsoring contact the Mahopac Chamber Office at (845) 628-5553.

FOR: Everyone is welcome!

PLACE: Mahopac Chamber Park

FEE: Free Admission

DATE: Saturday, October 1st, 12:30 pm - 6:00 pm

HARVESTFEST

Come to our annual Harvestfest featuring pony rides, a petting zoo, crafts, bounce houses, Trick-or-Treat Parade, vendors, and more! Bring the whole family for a fun-filled day and be sure to wear your costumes!! For information on being a vendor, including tag sale vendors (\$20/table) or to volunteer at the event, please call the Recreation Office.

FOR: Residents of all ages

PLACE: Sycamore Park

FEE: Free Admission

DATE: Sunday, October 30th, 12:00 pm - 3:00 pm



FALL CONCERT SERIES

"Family entertainment under the stars"

FOR: Residents and Guests

PLACE: Mahopac Chamber Park – Routes 6 & 6N

FEE: Free! Just bring your own blankets and chairs

DATE: Saturdays 6:00 pm - 8:00 pm (band dates listed below)

• **TERI LAMAR AND COMPANY**

September 17th: Motown, R&B, Dance, Current, Pop and Oldies

• **UNDERCOVER - September 24th: Classic Rock**

• **AMANDA AYALA AND SPECIAL GUESTS**

October 8th: 80s and 90s Rock

HOLIDAYS IN THE PARK

The Mahopac-Carmel Chamber of Commerce welcomes everyone in the community to come and see the Christmas Tree and Menorah lighting and enjoy caroling, refreshments, friends and the arrival of Santa Claus!

FOR: Everyone is welcome!

PLACE: Mahopac Chamber Park

FEE: Free Admission

DATE: Saturday, November 26th from 4:30 pm - 6:30 pm

LIGHTING OF THE TREES

What a beautiful way to start the Holiday Season! Come enjoy the spectacular parade and lighting of the trees around Lake Gleneida. The day's events include a Chowder Fest and Hayrides with Santa from 3:00-5:00 pm. Teen Band Concert from 5:15-6:45pm, a parade through the Hamlet from 7:00 pm - 7:45pm and the tree lighting ceremony at 8pm. Sponsored by the Carmel Civic Association

FOR: Everyone is welcome!

PLACE: Lake Gleneida, Carmel

FEE: Free Admission

DATE: Saturday December 3rd

BREAKFAST WITH SANTA

Ho! Ho! Ho! Come and have breakfast with Santa before he gets busy! Food, crafts, entertainment and much more. Bring the whole family and don't forget your camera. Online Registration. Space is limited so register early!

FOR: Residents of all ages

PLACE: Sycamore Park - Main Building

FEE: \$9 / person ages 2 and older

DATE: Sunday, December 11th at 10:00 am